

TAKEAWAY

100% GLUTEN FREE

BREAD

Our Bread is Made with Oats, Tapioca and Pumpkin Seeds. 100% Organic

Bread "Despensa" w/ 2.50€

· Butter · Cheese

Bread "Despensa" w/ 2.70€

· Almond Butter · Apricot Paste · Date Paste
· Hazelnut · Hazelnut w/ Cocoa Butter · Humus
· Fresh Cheese (+0,20€)

Bread "Despensa" w/ 3.50€

· Cottage Cheese and Pumpkin w/ Walnuts Jam

Sweet Winter Bread* 2.80€

Organic Bread "Despensa" (800g) 9.90€

*Upon Availability

CREPES, YOGURTS & EGGS

Crepe "Despensa" w/ Fruit and 1 Paste 6.35€

· Almond Butter · Apricot Paste · Date Paste
· Hazelnut · Hazelnut w/ Cocoa Butter · Honey

Parfait w/ Greek Yogurt or Quark Cheese,
Granola and Fruit 3.50€

· Cocoa Granola · Seeds Granola (We produce our Granola)

Pizzalet 8.15€

Bio Eggs, Chicken, Cheese, Spinach, Cherry Tomato, Onion, Parsley,
Oregano and Pepper

Omelet* w/ Cheese, Onion and Parsley 4.15€

BIO Scrambled Eggs* w/ Ghee 3.65€

Salted Snack 2.00€

*W/ a Slice of Bread +1€, Salad +2€

PASTRY

Pumpkin Spice Tartlet	3.70€
Almond and Salty Cacao Tartlet	3.10€
Orange Roll	3.00€
Brownie	2.70€
Muffin	2.10€
Almond Pie	3.00€
Apple Pie	2.50€
Cheesecake	3.00€
Choco n.6	2.50€
Cacao Salami	2.70€
Truffle	1.50€
Carrot and Nuts Bar	3.00€
Fresh Fruit	3.20€
Chia Pudding	3.50€

BRUNCH

Scrambled Eggs w/ Slice of Bread + Crepe + Juice	11.90€
---	--------

Choose the Filling and the Fruit of your Crepe

LUNCH

Soup of the Day

3.15€

Meal of the Day

7.65€

Poke Bowl

12.15€

Sushi Rice, Shrimps, Avocado, Mango, Cashewnuts,
Sprouts, Black Sesame Seeds and Paleo Asiatic Sauce

Mediterranean Tapa

6.35€

2 Slices of Bread w/ Cherry Tomato, Olives
and Feta Cheese

Salty Crepes:

8.15€

Chicken and Avocado

Lettuce, Arugula, Tomato, Chicken, Avocado, Walnuts, Lime
and Vinaigrette Sauce

Beetroot Humus

Lettuce, Arugula Red Cabbage, Beetroot Humus and Vinaigrette Sauce

Mozzarella

Lettuce, Arugula, Tomato, Mozzarella, Pumpkin Seeds and Basil Sauce

Salads:

8.15€

Beetroot Humus

Lettuce, Zucchini, Carrot, Beetroot Humus, Feta Cheese,
Boiled Egg, Apple and Vinaigrette Sauce

Chicken and Egg

Lettuce, Arugula, Spinach, Sauerkraut, Chicken, Avocado,
Pomegranate, Fried Egg w/ Vinaigrette Sauce

Cheese and Walnuts

Lettuce, Arugula, Apple, Cherry Tomato, Fresh Goat Chesse,
Walnuts and Mustard w/ Honey Sauce

DRINKS

Juice of the day (33cl) 2.50€

Orange Juice (25cl) 2.50€

Water (50cl) 1.30€

Sparkling Water (25cl) 1.30€

Kombucha (25cl) 2.10€

Our Kombucha is Homemade, its Flavour can be Stronger

Milkshakes (40cl): 3.90€

Autumn

Almond Milk, Persimmon, Almond Paste and Cinnamon

Detox

Spinach, Banana, Mango, Lemon, Ginger and Cinnamon

Cocoa

Almond Milk, Cocoa, Banana, Date and Almond Butter

Protein - Hemp

Almond Milk, Hemp Protein, Banana, Almond Butter, Date and Cinnamon

Protein - Whey

Lactose-Free Milk, Natural Whey, Banana, Oats and Hazelnut Butter

Probiotic w/ Kefir

Kefir and Fruit (to choose)

Almond Drink is Homemade